



**EAST WIND ACUPUNCTURE**  
*traditional chinese medicine clinic*

**MASSAGE & BODYWORK  
NEW PATIENT INTAKE FORM  
(CONFIDENTIAL INFORMATION)**

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone (home): \_\_\_\_\_ Work: \_\_\_\_\_ Cell/Pager: \_\_\_\_\_

Referred by: \_\_\_\_\_

**Current Health:**

Have you received massage therapy before? Yes No Frequency: \_\_\_\_\_

Type of Massage received? Deep Tissue Swedish Therapeutic Sports Other

Reason for today's visit: \_\_\_\_\_

Desired result of today's session: \_\_\_\_\_

Have you received treatment for this before? Yes No

Explain: \_\_\_\_\_

List Activities Affected: \_\_\_\_\_

Are you currently under the care of a physician? Yes No

Current Medications / Herbs: \_\_\_\_\_

Stress Reduction / Relaxation / Exercise Activities: \_\_\_\_\_

**Please indicate your consumption of the following on a scale of 0-5 (5 being heavy):**

☐ Salt   ☐ Sugar   ☐ Caffeine   ☐ Tobacco   ☐ Alcohol   ☐ Exercise   ☐ Water

**Do you have a History of any of the following**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Accident                  | <input type="checkbox"/> Mid Back Pain             | <input type="checkbox"/> Fibromyalgia            |
| <input type="checkbox"/> Neck Pain                 | <input type="checkbox"/> Low Back Pain             | <input type="checkbox"/> Implants / Prosthetics  |
| <input type="checkbox"/> Whiplash                  | <input type="checkbox"/> Joint Ache                | <input type="checkbox"/> Varicose Veins          |
| <input type="checkbox"/> Headaches                 | <input type="checkbox"/> Decreased Range of Motion | <input type="checkbox"/> High Blood Pressure     |
| <input type="checkbox"/> Dizziness                 | <input type="checkbox"/> Sprains                   | <input type="checkbox"/> Diabetes                |
| <input type="checkbox"/> Anxiety                   | <input type="checkbox"/> Epilepsy / Seizures       | <input type="checkbox"/> Heart Attack            |
| <input type="checkbox"/> Depression                | <input type="checkbox"/> Abdominal Pain            | <input type="checkbox"/> Low Blood Pressure      |
| <input type="checkbox"/> Disc Problems             | <input type="checkbox"/> Nervous Tension           | <input type="checkbox"/> Stroke                  |
| <input type="checkbox"/> Broken Bones              | <input type="checkbox"/> Surgery                   | <input type="checkbox"/> Heart Conditions        |
| <input type="checkbox"/> Arthritis / Bursitis/Gout | <input type="checkbox"/> Wear Contacts             | <input type="checkbox"/> Cancer                  |
| <input type="checkbox"/> Rash                      | <input type="checkbox"/> Edema                     | <input type="checkbox"/> Colitis                 |
| <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Fainting                  | <input type="checkbox"/> HIV/AIDS                |
|  |  | <input type="checkbox"/> Recent Injury or Trauma |

Explain: \_\_\_\_\_

### Allergies or Sensitivities

☐ Oils   ☐ Lotions   ☐ Scents   ☐ Detergents   ☐ Foods

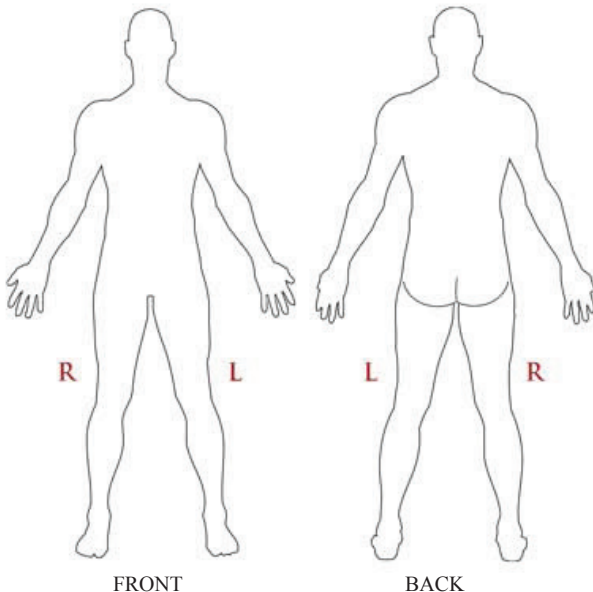
☐ Other: \_\_\_\_\_

**Do you have any of the following today?**

☐ Pregnancy: If so, How far along are you? \_\_\_\_\_ Due Date: \_\_\_\_\_

☐ Inflammation   ☐ Skin Rash   ☐ Headache   ☐ Sunburn / Poison Ivy  
☐ Severe Pain   ☐ Open Cuts / Bruises / Burns   ☐ Cold / Flu

Please indicate with an (X) the places you are feeling discomfort



### Consent for Care:

It is my choice to receive Massage Therapy. I understand the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success or effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination, or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_